Graduate Course Approval/Inventory Form

Please complete this form and attach a copy of the syllabus for new courses. Forward it as an email attachment to the Secretary of the Graduate Council. A printed copy of the form with signatures should be brought to the Graduate Council Meeting. Complete the Coordinator Form on page 2, if changes in this course will affect other units.

Please indicate: ___X__ NEW  ____ MODIFY  ____ DELETE

Local Unit: CVPA, Department of Music
Graduate Council Approval Date:

Course Abbreviation: MUSI  Course Number: 555

Full Course Title: Music As A Healing Art
Abbreviated Course Title (24 characters max.): Music As A Healing Art

Credit hours: 3  Program of Record: Master of Music

Repeatable for Credit? ___ D=Yes, not within same term  Up to hours
   ___ T=Yes, within the same term  Up to  hours
   _N_ N=Cannot be repeated for credit

Activity Code (please indicate): _X_ Lecture (LEC)  ____ Lab (LAB)  ____ Recitation (RCT)
   ____ Studio (STU) ____ Internship (INT)  ____ Independent Study (IND)  ____ Seminar (SEM)

Catalog Credit Format 3:3:0  Course Level: GF(500-600) _X_ GA(700+)

Maximum Enrollment: 20  For NEW courses, first term to be offered:
Prerequisites or corequisites:

Catalog Description (35 words or less) Please use catalog format and attach a copy of the syllabus for new courses. The study of the relationship between musical vibrations and the natural rhythms of the body. Topics include history of music and healing, sound theory, cymatics, toning and a survey of vibrational healing modalities and theories

For MODIFIED or DELETED courses as appropriate:
Last term offered:  Previous Course Abbreviation:  Previous number:

Description of modification:

APPROVAL SIGNATURES:
Submitted by:  Dr. Glenn Smith, Professor of Music  email: gsmith9@gmu.edu

Department/Program:  ________________________________ Date: _________________

College Committee:  ________________________________ Date: _________________

Graduate Council Representative:  ________________________________ Date: _________________
COLLEGE OF VISUAL AND PERFORMING ARTS
NEW COURSE/MODIFIED COURSE
PROPOSAL FORM

I. COURSE AS IT WILL APPEAR IN THE CATALOGUE (Number, Title, Credit, Prerequisites, Course Description): **MUSI 555 – Music As A Healing Art; (3:3:0);** Prerequisite: Basic proficiency on an instrument and/or voice, and Bachelor’s degree in Music. The study of the relationship between musical vibrations and the natural rhythms of the body. Topics include history of music and healing, theory of sound, cymatics, toning, and performance practice as well as a survey of vibrational healing modalities and related therapies. Listening examples as they apply to healing with music will be considered and discussed. Students will sing and play instruments in directed improvisatory performance.

II. FOR A MODIFIED CLASS, WHAT ARE THE CHANGES? This question does not apply. This is a new class.

III. WHAT IS THE REASON FOR THE NEW COURSE? While this course does not grant licensure in music therapy, it can help prepare students to use music in any number of service venues including retirement homes, hospitals, vibrational/homeopathic clinics, and hospices. Beyond that, it needs to be noted that vibrational healing through music, while ancient in concept and practice, is heading in significant new directions in the 21st century.

IV. WHAT ARE THE REQUIREMENTS AND/OR ASSIGNMENTS FOR THIS CLASS? Participation in performance activities is required, as performance of music with healing intent is the primary focus of this course. It assumes musical proficiency on one or more instruments and/or voice. Each person will be introduced to one or more new instruments as adjuncts, and everyone is expected to produce tones with the voice. Each student will be required to keep a “Musical Performance Experience Journal.” There should be at least one journal entry per week to include the following: date, performance media and context, summary of musical techniques and materials learned and used, personal experiences. Entries to be shared at designated times in class. Journal to be submitted as a major part of the grade. Other grading criteria may include tests, quizzes and assessment of musical progress throughout the semester.

V. WHAT FACULTY WILL TEACH THE COURSE? Dr. Glenn Smith, Professor of Music; Dr. Beth Bullard, Assistant Professor of Music

VI. GIVE SAMPLE WEEK-TO-WEEK SCHEDULE OF CLASSES, CLASS ACTIVITIES AND LEARNING EXPERIENCES. Class each week will consist of three major components:
- **Lecture:** Historical and theoretical discussion of selected topics.
- **Listening:** Survey and discussion of musical styles and genres as well as the general nature of sound, as they relate to music and healing.
- **Performance:** Students will be coached in the art of improvisation in various contexts, and will be presented with new ideas regarding music and performance.

Syllabus appended.
MUSI 555 -- COURSE SYLLABUS

<table>
<thead>
<tr>
<th>Week</th>
<th>Concepts and Theories</th>
<th>Listening</th>
<th>Playing/performing</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Nature of Sound; overtone series; overtones &amp; etheric field; sound &amp; light, relativity; Newton, Einstein, Pythagoras</td>
<td>Overtones and overtone identification</td>
<td>Modal 1 (Dorian)</td>
</tr>
<tr>
<td>2</td>
<td>Cymatics; vibrational analogies in the human system; brain waves; rhythmic entrainment.</td>
<td>Classical music</td>
<td>Modal 2 (Phrygian)</td>
</tr>
<tr>
<td>3</td>
<td>Human body as a vibrational system; Chi, Xi, prana, bioplasm; chakras and energetic fields;</td>
<td>Popular music</td>
<td>Modal 3 (Lydian)</td>
</tr>
<tr>
<td>4</td>
<td>History of music and healing; legends of Atlantis; Biblical references; Greeks, Hebrews, Gregorian chant, music therapy; Baroque “affects” and “The Mozart Effect”; “evolution” of music. Music in the 21st century</td>
<td>“new age” 1 – music as something other than art</td>
<td>Modal 4 (Mixolydian)</td>
</tr>
<tr>
<td>5</td>
<td>Vibrational healing modalities 1- shamanism</td>
<td>Shamanic singing</td>
<td>Modal 5 (Aoelian)</td>
</tr>
<tr>
<td>6</td>
<td>Vibrational healing modalities 2- accupuncture; color &amp; light; polarity</td>
<td>Music that works against the natural body rhythms</td>
<td>Pentatonics 1</td>
</tr>
<tr>
<td>7</td>
<td>Vibrational healing modalities 3- crystal bowls; vibrational medicine as an adjunct to allopathic medicine.</td>
<td>“new age” 2; sounds of crystal bowls</td>
<td>Pentatonics 2</td>
</tr>
<tr>
<td>8</td>
<td>Chanting, toning, and mantras</td>
<td>Chants from various world cultures</td>
<td>Toning 1</td>
</tr>
<tr>
<td>9</td>
<td>Overtone chanting</td>
<td>Tibetan Monks</td>
<td>Overtone chanting</td>
</tr>
<tr>
<td>10</td>
<td>Musical instruments and healing 1; Earth, water, wood</td>
<td>Flutes &amp; strings</td>
<td>Western music 1</td>
</tr>
<tr>
<td>11</td>
<td>Musical instruments and healing 2; Fire, Air/metal, ether</td>
<td>Reeds &amp; drums</td>
<td>Western music 2</td>
</tr>
<tr>
<td>12</td>
<td>Healing and world music. Electronic vs. live sound in healing</td>
<td>World musics</td>
<td>drumming</td>
</tr>
<tr>
<td>13</td>
<td>Musical choices and performance techniques; healing intent; performance and ego.</td>
<td>“Old” Age Music 1: popular music before 1950</td>
<td>Other modes; pandiatonicism</td>
</tr>
<tr>
<td>14</td>
<td>Helping the elderly, dying, or w/ disease; healing vs. curing</td>
<td>“Old” Age Music 2: popular music after 1950</td>
<td>“Universal” popular songs (to this culture)</td>
</tr>
</tbody>
</table>

COURSE REQUIREMENTS AND ASSIGNMENTS

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Possible texts for course:


Course Packet containing readings and other source materials.